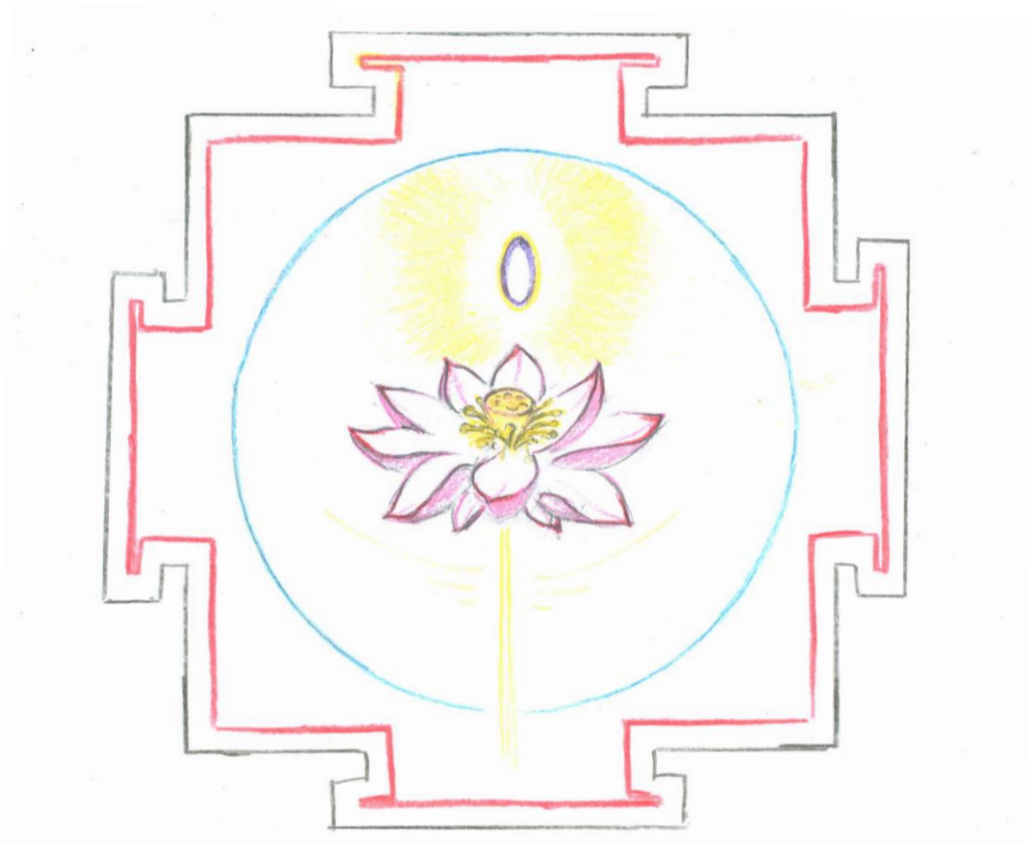
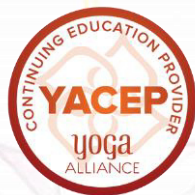


A Journey through the Chakras



A Journey to the landscapes of your
inner Self

by Clemens Biedrawa E-RYT



A journey through the Chakras
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One should cast one's mind into the End of the Twelve (any Chakra, -twelve fingers apart) in any way and wherever one may be in every moment, so for one whose normal mental activity has ceased by this practice, he experiences an extraordinary state of consciousness within a few days.

Sbri Vijnana Bhairava Tantra, Sloka 51